

AIMS OF THE COACHING TEAM AT HEADSTONE

- To encourage players of all abilities to learn to play tennis in an informative and friendly environment
- To encourage new players to join as members to develop and utilize the facilities of the club throughout the day
- For all new players to attain the best level of tennis that they can.
- For group sessions we will try our best to maintain a maximum of 1:6 coach to pupil ratio.
- To be proactive in updating and informing all students of what is available at the club.

FREQUENTLY ASKED QUESTIONS

Q: Are lessons included in the membership fee?

A: No. All coaching fees are extra.

Q: What do I need to wear when attending courses?

A: Comfortable sportswear suitable for the type of weather. Shoes must have non-marking soles with no studs or raised pimples.

Q: What if the weather is inclement?

A: Assume the lesson is on unless we call you.

Q: Can racquets be borrowed?

A: We have a limited number of racquets available to lend and also occasionally some for sale.

Q: Must I book for the whole course and do I have to join as a member?

A: When booking you commit to a block of lessons which cannot be split. After completing one course you will be encouraged to join as a member to enable you to practise and improve your tennis skills.

Q: What qualifications do the coaches have?

A: All coaches must have completed recognised LTA or PTR courses. They must have attended a first aid course & received a CRB check.

CHARGES FOR INDIVIDUAL LESSONS OR SMALL GROUPS

TO BOOK A LESSON PLEASE CONTACT ANTHONY

INDIVIDUAL (ANTHONY) £28/HR £15/HF HR
 2 SHARING A LESSON £30 / HR
 3 SHARING A LESSON £33 / HR

5 LESSONS FOR THE PRICE OF 4

So why not book a course of individual lessons or make up a small group with other members of your coaching group & share the cost.

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BENEFITS OF AN INDIVIDUAL LESSON

- 100% attention to YOUR game.
- Chance to work on specific shots & techniques.
- Chance to discuss any problems you may have with your game .
- Chance to enhance your fitness.
- Chance to achieve your goals more quickly.

TEAR HERE & KEEP FRONT PAGE

ADULT TENNIS COURSES SUMMER 2017

STARTER/IMPROVER/INTERMEDIATE

DAY/TIME	COURSE	DURATION	COST	TICK
SUNDAY 6TH AUGUST SUNDAY 17TH SEPT. (EXCLUD. 27TH AUG.) 9.30-10.30 A.M.	STARTER	6 WEEKS	MEMBERS £48 NON-MEMBERS £60	
MONDAY 7TH AUGUST MONDAY 18TH SEPT. (EXCLUD. 28TH AUGUST) 6.30—7.30 P.M.	IMPROVERS	6 WEEKS	MEMBERS £48 NON-MEMBERS £60	
TUESDAY 8TH AUG- TUES.DAY 12TH SEPT. 7.00-8.00 P.M.	INTERMEDIATE	6 WEEKS	MEMBERS £48 NON-MEMBERS £60	

WHICH COURSE WILL SUIT YOU?

STARTER– Eager to learn from the beginning. Picking up a racquet for the first time. Hardly any experience. First time on court.

IMPROVER– Want to learn more shots. Can maintain a rally. Keen to attain next level. Need more consistency.

INTERMEDIATE– Previously attended a tennis course. Play competitively. Can rally with player of club standard. Have a reasonable all round game.

CARDIO TENNIS
 STAY FIT - HIT HUNDREDS OF SHOTS .GREAT FUN & A TERRIFIC WORKOUT..GIVE IT A GO!!!!

DAY	TIME	COST	TICK
<u>EVERY WEDNESDAY</u> TIMES MAY VARY SLIGHTLY DURING SUMMER MONTHS	6.30-7.30 P.M.	MEMBERS £8.00 NON-MEMBERS £10.00	
<u>EVERY SUNDAY</u> TIMES MAY VARY SLIGHTLY DURING SUMMER MONTHS	10.30-11.30 A.M.	MEMBERS £8.00 NON-MEMBERS £10.00	

10% DISCOUNT OFF TOTAL FOR SIBLINGS & FAMILIES (BOOKING FULL COURSES ONLY)
 (CASH PREFERRED OR CHEQUE MADE PAYABLE TO A. LAHIFFE)

PLEASE FILL IN YOUR DETAILS OVERLEAF

TOTAL £

YOUR DETAILS ARE VERY IMPORTANT FOR OUR RECORDS
PLEASE WRITE CLEARLY

NAME.....

ADDRESS.....

.....POST CODE.....

EMAIL.....

MOBILEHOME.....

SIGNATURE.....

MEMBER NON-MEMBER BUT INTERESTED IN JOINING
(TICK) (TICK)

PLEASE MAKE PAYMENT PREFERABLY CASH
OR BY CHEQUE PAYABLE TO A. LAHFFE
PLEASE MAKE A NOTE OF COURSE DATES

COMMENTS

INTRODUCE A FRIEND : FREE INDIVIDUAL LESSON FOR ANY MEMBER
WHO SIGNS UP A FRIEND ON A COURSE

We would welcome any comments or suggestions regarding the coaching sessions offered & ideas for alternative sessions or days.

ADULT COACHING COURSES



HILLFIELD CLOSE NORTH HARROW HA2 6AZ
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WEB: www.headstonetennisclub.com
EMAIL: info@headstonetennisclub.co.uk

MONDAY & TUESDAY EVENINGS & SUNDAY MORNINGS

STARTING : SUNDAY 6TH AUGUST
FINISHING SUNDAY : 17TH SEPTEMBER
(EXCLUDING BANK HOLIDAY)

CARDIO TENNIS
TWICE WEEKLY EVERY
WEDNESDAY & SUNDAY

CONTACTS ANTHONY: 07944 253746
JULIA: 07767 461032

PLEASE FILL IN ALL YOUR DETAILS ON
THE FORM ON REVERSE OF LEAFLET
& MAKE A COPY OF YOUR COURSE DATES