

AIMS OF THE COACHING TEAM AT HEADSTONE

- To encourage players of all abilities to learn to play tennis in an informative and friendly environment
- To encourage new players to join as members to develop and utilize the facilities of the club throughout the day
- For all new players to attain the best level of tennis that they can.
- For group sessions we will try our best to maintain a maximum of 1:6 coach to pupil ratio.
- To be proactive in updating and informing all students of what is available at the club.

FREQUENTLY ASKED QUESTIONS

Q: Are lessons included in the membership fee?

A: No. All coaching fees are extra.

Q: What do I need to wear when attending courses?

A: Comfortable sportswear suitable for the type of weather. Shoes must have non-marking soles with no studs or raised pimples.

Q: What if the weather is inclement?

A: Assume the lesson is on unless we call you.

Q: Can racquets be borrowed?

A: We have a limited number of racquets available to lend and also occasionally some for sale.

Q: Must I book for the whole course and do I have to join as a member?

A: When booking you commit to a block of lessons which cannot be split. After completing one course you will be encouraged to join as a member to enable you to practise and improve your tennis skills.

Q: What qualifications do the coaches have?

A: All coaches must have completed recognised LTA or PTR courses. They must have attended a first aid course & received a CRB check.

CHARGES FOR INDIVIDUAL LESSONS OR SMALL GROUPS

*TO BOOK A LESSON PLEASE CONTACT ANTHONY*

INDIVIDUAL (ANTHONY) £30/HR £16/HF HR  
 2 SHARING A LESSON £32 / HR  
 3 SHARING A LESSON £35 / HR

GREAT VALUE

5 LESSONS FOR THE PRICE OF 4

So why not book a course of individual lessons or make up a small group with other members of your coaching group & share the cost.

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BENEFITS OF AN INDIVIDUAL LESSON

- 100% attention to YOUR game.
- Chance to work on specific shots & techniques.
- Chance to discuss any problems you may have with your game .
- Chance to enhance your fitness.
- Chance to achieve your goals more quickly.

TEAR HERE & KEEP FRONT PAGE

ADULT TENNIS COURSES SUMMER 2018

**STARTER/IMPROVER**  
**STARTING WEEK COMMENCING MONDAY 14TH MAY**

DAY/TIME	COURSE	DURATION	COST	TICK
WEDNESDAYS 7.30—8.30 P.M.	STARTER	6 WEEKS BEGINS WED. 16TH MAY	MEMBERS £50 NON-MEMBERS £60	
SUNDAYS 9.30—10.30 A.M.	STARTER	6 WEEKS BEGINS SUN. 20TH MAY	MEMBERS £50 NON-MEMBERS £60	
THURSDAYS 6.30—7.30 P.M.	IMPROVER	6 WEEKS BEGINS THURS. 17TH MAY	MEMBERS £50 NON-MEMBERS £60	

**WHICH COURSE WILL SUIT YOU?**

**STARTER**— Eager to learn from the beginning. Picking up a racquet for the first time. Hardly any experience. First time on court.

**IMPROVER**— Want to learn more shots. Can maintain a rally. Keen to attain next level. Need more consistency.

**CARDIO TENNIS**  
 STAY FIT - HIT HUNDREDS OF SHOTS .GREAT FUN & A TERRIFIC WORKOUT..GIVE IT A GO!!!!

DAY	TIME	COST	TICK
<u>EVERY WEDNESDAY</u> TIMES MAY VARY SLIGHTLY DURING SUMMER MONTHS	6.30-7.30 P.M.	MEMBERS £8.00 NON-MEMBERS £10.00	
<u>EVERY SUNDAY</u> TIMES MAY VARY SLIGHTLY DURING SUMMER MONTHS	10.30-11.30 A.M.	MEMBERS £8.00 NON-MEMBERS £10.00	

(CASH PREFERRED OR CHEQUE MADE PAYABLE TO A. LAHIFFE)

PLEASE FILL IN YOUR DETAILS OVERLEAF

**TOTAL**

**IN ORDER TO COMPLY WITH THE GDPR REGULATIONS  
PLEASE PROVIDE ALL THE DETAILS REQUIRED ON THIS FORM EVEN IF YOU HAVE  
DONE SO BEFORE. WE NEED YOUR PERMISSION TO STORE AND USE YOUR DATA  
AS SET OUT IN OUR PRIVACY POLICY DOCUMENT**

**PLEASE PRINT CLEARLY**

NAME .....

ADDRESS .....

POST CODE.....

EMAIL .....

MOBILE .....HOME.....

SIGNATURE.....

Thank you for completing this registration form for Headstone Tennis Club. Your child's personal data will be processed by Headstone Tennis Club for the purposes of club and coaching administration, events and to facilitate your participation in competitions etc. Parents / Legal Guardians on behalf of their child are consenting to their child's data being used as prescribed above. Where a member is under 13 years the parent/guardian details will also be processed. Further details are available in our Privacy Policy attached or which can be found at [www.headstonetennisclub.co.uk](http://www.headstonetennisclub.co.uk).

We would also like to send by email details of offers, events, club updates, membership deals and ticket opportunities.

Please tick the relevant boxes if you would like to receive such emails.

MEMBER  NON-MEMBER BUT INTERESTED IN JOINING

**PLEASE MAKE PAYMENT PREFERABLY CASH**

**OR BY CHEQUE PAYABLE TO A. LAHIFFE**

**PLEASE MAKE A NOTE OF COURSE DATES**

**INTRODUCE A FRIEND : FREE HALF HOUR INDIVIDUAL LESSON FOR ANY  
MEMBER WHO SIGNS UP A FRIEND ON A COURSE**

We would welcome any comments or suggestions regarding the coaching sessions offered & ideas for alternative sessions or days.

# **ADULT COACHING COURSES**



HILLFIELD CLOSE NORTH HARROW HA2  
6AZ

TEL. 020 8933 0003

WEB: [www.headstonetennisclub.co.uk](http://www.headstonetennisclub.co.uk)

EMAIL: [info@headstonetennisclub.co.uk](mailto:info@headstonetennisclub.co.uk)

## **SUMMER 2018 WEDNESDAY & THURSDAY EVENINGS & SUNDAY MORNINGS**

**SIX WEEKS  
STARTING : WEDNESDAY 16TH MAY  
FINISHING SUNDAY 24TH JUNE**

**CARDIO TENNIS  
TWICE WEEKLY EVERY  
WEDNESDAY & SUNDAY  
THROUGHOUT THE SUMMER**

**CONTACTS      ANTHONY: 07944 253746  
                         JULIA:        07767 461032**

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GIVE YOUR PERMISSION FOR HEADSTONE TENNIS CLUB TO  
STORE YOUR DATA**

**PLEASE MAKE A COPY OF YOUR COURSE DATES**