

AIMS OF THE COACHING TEAM AT HEADSTONE

- To encourage players of all abilities to learn to play tennis in an informative and friendly environment
- To encourage new players to join as members to develop and utilize the facilities of the club throughout the day
- For all new players to attain the best level of tennis that they can.
- For group sessions we will try our best to maintain a maximum of 1:6 coach to pupil ratio.
- To be proactive in updating and informing all students of what is available at the club.

FREQUENTLY ASKED QUESTIONS

Q: Are lessons included in the membership fee?

A: No. All coaching fees are extra.

Q: What do I need to wear when attending courses?

A: Comfortable sportswear suitable for the type of weather. Shoes must have non-marking soles with no studs or raised pimples.

Q: What if the weather is inclement?

A: Assume the lesson is on unless we call you.

Q: Can racquets be borrowed?

A: We have a limited number of racquets available to lend and also occasionally some for sale.

Q: Must I book for the whole course and do I have to join as a member?

A: When booking you commit to a block of lessons which cannot be split. Once you have achieved the necessary skill level you will be encouraged to join as a member.

Q: What qualifications do the coaches have?

A: All coaches must have completed recognised LTA or PTR courses. They must have attended a first aid course & have DBS certification.

CHARGES FOR INDIVIDUAL LESSONS OR SMALL GROUPS

TO BOOK A LESSON PLEASE CONTACT ANTHONY

INDIVIDUAL (ANTHONY) £30/HR £16/HF HR
 2 SHARING A LESSON £32 / HR
 3 SHARING A LESSON £35 / HR

GREAT VALUE
5 LESSONS FOR THE PRICE OF 4

So why not book a course of individual lessons or make up a small group with other members of your coaching group & share the cost.

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BENEFITS OF AN INDIVIDUAL LESSON

- 100% attention to YOUR game.
- Chance to work on specific shots & techniques.
- Chance to discuss any problems you may have with your game .
- Chance to enhance your fitness.
- Chance to achieve your goals more quickly.

TEAR HERE & KEEP FRONT PAGE

ADULT TENNIS COURSES SPRING 2020
STARTERS & IMPROVERS

STARTER IS THIS COURSE FOR YOU?
 Eager to learn from the beginning. Picking up a racquet for the first time.
 Hardly any experience. First time on court

DAY/TIME	COURSE DATES	DURATION	COST	TICK
MONDAYS 7.30—8.30 P.M. EXCLUDES 13.04.20	09.03.20 to 20.04.20	6 WEEKS	MEMBERS £60 NON-MEMBERS £72	

IMPROVER IS THIS COURSE FOR YOU?
 Want to learn more shots. Can maintain a rally. Keen to attain next level. Need more consistency.

DAY/TIME	COURSE DATES	DURATION	COST	TICK
SUNDAYS 9.30—10.30 A.M. EXCLUDES 12.04.20	08.03.20 to 19.04.20	6 WEEKS	MEMBERS £60 NON-MEMBERS £72	

CARDIO TENNIS is an effective way of improving your overall tennis and at the same time gaining fitness in a high energy workout. Suitable for everyone whatever your skill level.

DAY	TIME	COST	TICK
<u>EVERY WEDNESDAY</u> <u>STARTING 1ST APRIL</u> TIMES MAY VARY SLIGHTLY	7.00-8.00 P.M.	MEMBERS £9.00 NON-MEMBERS £11.00	
<u>EVERY SUNDAY</u> TIMES MAY VARY SLIGHTLY DURING WINTER MONTHS	10.30-11.30 A.M.	MEMBERS £9.00 NON-MEMBERS £11.00	

(CASH PREFERRED OR CHEQUE MADE PAYABLE TO A. LAHIFFE)

PLEASE FILL IN YOUR DETAILS OVERLEAF

TOTAL

**IN ORDER TO COMPLY WITH THE GDPR REGULATIONS
PLEASE PROVIDE ALL THE DETAILS REQUIRED ON THIS FORM EVEN IF YOU HAVE
DONE SO BEFORE. WE NEED YOUR PERMISSION TO STORE AND USE YOUR DATA
AS SET OUT IN OUR PRIVACY POLICY DOCUMENT**

PLEASE PRINT CLEARLY

NAME

ADDRESS

POST CODE.....

EMAIL

MOBILEHOME.....

SIGNATURE.....

Thank you for completing this registration form for Headstone Tennis Club. Your child's personal data will be processed by Headstone Tennis Club for the purposes of club and coaching administration, events and to facilitate your participation in competitions etc. Parents / Legal Guardians on behalf of their child are consenting to their child's data being used as prescribed above. Where a member is under 13 years the parent/guardian details will also be processed. Further details are available in our Privacy Policy attached or which can be found at www.headstonetennisclub.co.uk.

We would also like to send by email details of offers, events, club updates, membership deals and ticket opportunities.

Please tick the relevant boxes if you would like to receive such emails.

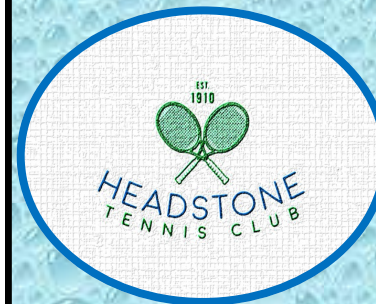
MEMBER NON-MEMBER BUT INTERESTED IN JOINING

**PLEASE MAKE PAYMENT PREFERABLY CASH
OR BY CHEQUE PAYABLE TO A. LAHIFFE
PLEASE MAKE A NOTE OF COURSE DATES**

**INTRODUCE A FRIEND : FREE HALF HOUR INDIVIDUAL LESSON FOR ANY
MEMBER WHO SIGNS UP A FRIEND ON A COURSE**

We would welcome any comments or suggestions regarding the coaching sessions offered & ideas for alternative sessions or days.

ADULT STARTERS & IMPROVERS COACHING COURSES



HILLFIELD CLOSE NORTH HARROW HA2
6AZ
TEL. 020 8933 0003
WEB: www.headstonetennisclub.co.uk
EMAIL: info@headstonetennisclub.co.uk

SPRING 2020

6 WEEK COURSE

STARTING WEEK COMMENCING

MONDAY 9TH MARCH

FINISHING WEEK COMMENCING

MONDAY 20TH APRIL

(EXCLUDES EASTER SUNDAY & MONDAY)

CARDIO TENNIS

EVERY SUNDAY AT 10.30 A.M.

WEDNESDAY SESSIONS BEGIN ON

1ST APRIL AT 7.00 P.M.

**CONTACTS ANTHONY: 07944 253746
JULIA: 07767 461032**

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STORE YOUR DATA
PLEASE MAKE A COPY OF YOUR COURSE DATES**